

PROGRAM TITLE: Chinese Calligraphy and Fruit Sushi

BRIEF PROGRAM DESCRIPTION: Make a Fruit Sushi Snack then practice Chinese Calligraphy. After practicing, participants create one or two final projects: write a saying on rice paper, mount on red cardstock then frame using chopsticks and/or write a saying on a flat oval rock (approximately 3 by 4 inches)

MATERIALS NEEDED:

Fruit Sushi: Many different recipes are available on the web using fruit strips and such things as candy and/or fresh fruit and yogurt, etc.

Chinese Calligraphy: Waterproof Black Calligraphy ink (eg. Higgins)

White Paper

Rice Paper

Red Card Stock

Glue

Chopsticks

Fine tipped paint brushes (you can purchase Chinese Calligraphy brushes also)

Flat oval rocks

ILL or purchase:

[The Simple Art of Chinese Calligraphy](#) by Qu Lei Lei

[My Little book of Chinese Words](#) by Catherine Louis

COST: \$30 on up – depends on the number of participants

PROGRAM PROCEDURE:

Have the participants prepare their fruit sushi. While they are snacking, talk about Chinese Calligraphy. [The Simple Art of Chinese Calligraphy](#) is an excellent resource for this. When they have finished their snack they can begin practicing the Calligraphy on plain white paper. Have a number of the books available for them to look through to decide what they are going to practice. When they are ready, give them a piece of rice paper (smaller than the size of the red card stock) to do their final project. They may end up needing more than one piece of rice paper as it is much different to work with than the white paper. Once they have finished their calligraphy on the rice paper, glue it to the red card stock then glue chopsticks around the edges to frame the work. Have the rocks available if they would like to do both or just use the rock.

USEFUL PLANNING RESOURCES

See books listed above. There are many other “fruit sushi” recipes on the web.

SUGGESTIONS FOR MARKETING THIS PROGRAM

Make up a chopstick framed prototype to display.

ADDITIONAL COMMENTS:

Duration : One hour (though they may want to stay longer!)

Number of participants : 10 – depending on how many books you have available to use and how much help you have as well.

CONTACT INFORMATION OF LIBRARIAN SUBMITTING PROGRAM:

Carol Sanborn

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